

# School of Blessing

## **CHAPTER 02**

# **How Man Was Made to Function**

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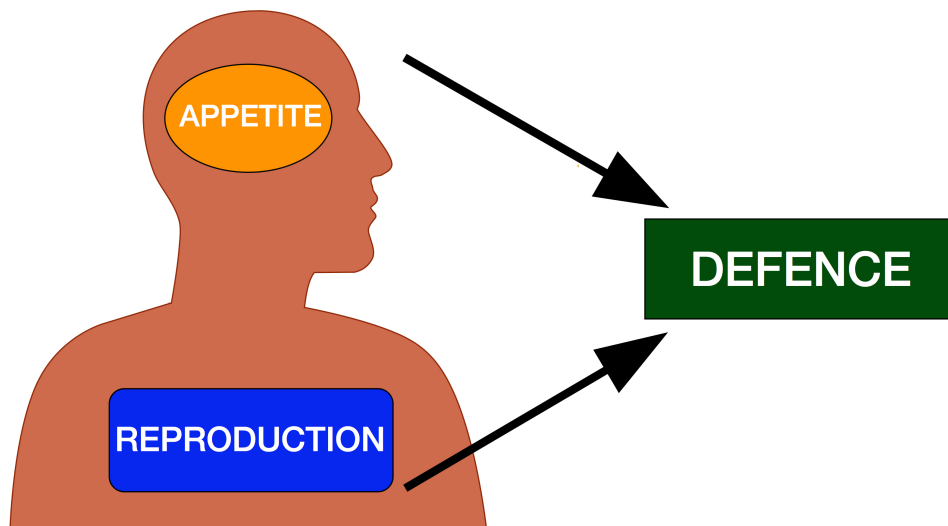
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## Functions of Body, Soul and Spirit

God finally created the highest creation which was man and woman. He created man so that each part of his being would have functions, and those functions are also contained in each of the lower levels.

## Functions of the Body

**Example: The Body of Man**



I am going to look at each of these individually now. We are going to look at the structures that God has built into us as human beings.

Let's look first at our bodies. Our bodies have three main functions which I think you will recognize pretty quickly.

### **Nourishment**

There is the appetite; the part that makes us sit down three times a day and eat. Our bodies nourish themselves, and we eat and drink to keep these bodies health.

### **Reproduction**

Next there is a certain part of a man that kicks in, especially when he sees a beautiful woman. We have the ability to reproduce ourselves because we have a sexual nature.

## Defence

Finally there is the defence mechanism. This one is not quite as obvious but it is built into all biological life. It protects that life from danger or harm.

If I was to pick up a pen or another object and throw it at you, you would try to protect yourself from being hit. That is the defence mechanism. Without even thinking, you trigger an immediate response and protect yourself.

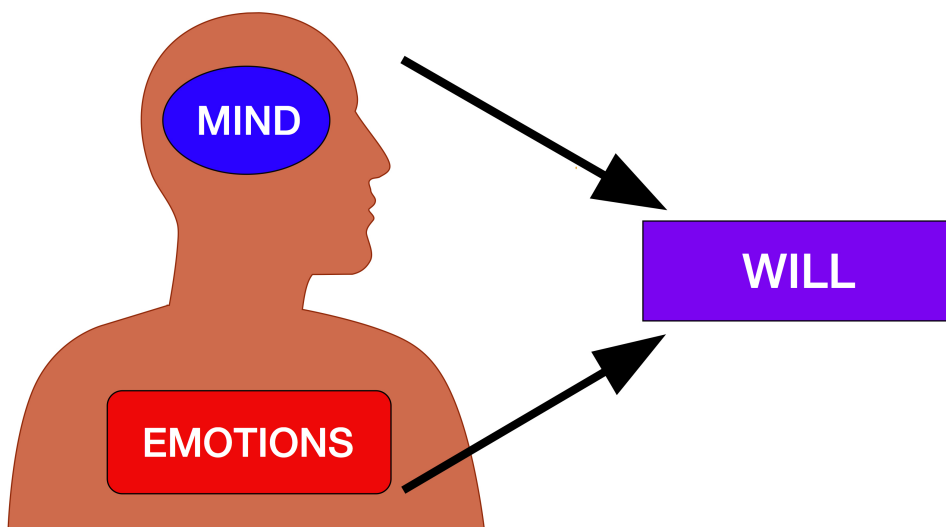
Plants have that function even though it is not obvious. Plants don't have a will to choose. When plants face danger, there are mechanisms built into them to protect themselves. If the sun gets too hot, the pores of the leaves close to stop the water from coming out.

If the root hits a rock it goes round it. It is amazing what plants can do and it is built into biological life.

These functions are built into our bodies. God made them that way. They cause us to keep these bodies healthy and clean. We put clothing on to protect it. A lot of the things that we do are all because of the natural functions of the body.

## Functions of the Soul

### Example: The Soul of Man



Next we come to the soul of man which is man's control tower. This is the second form of life which God also placed into an animal. You will see these functions also in every animal.

## **Mind**

We have the ability to think. You might say to me,

"Surely an insect can't think thoughts?"

Oh yes it can. It may be very simple thoughts but they are there.

## **Emotions**

Next you have emotions. You might say,

"Does the fly have feelings when you swat him?"

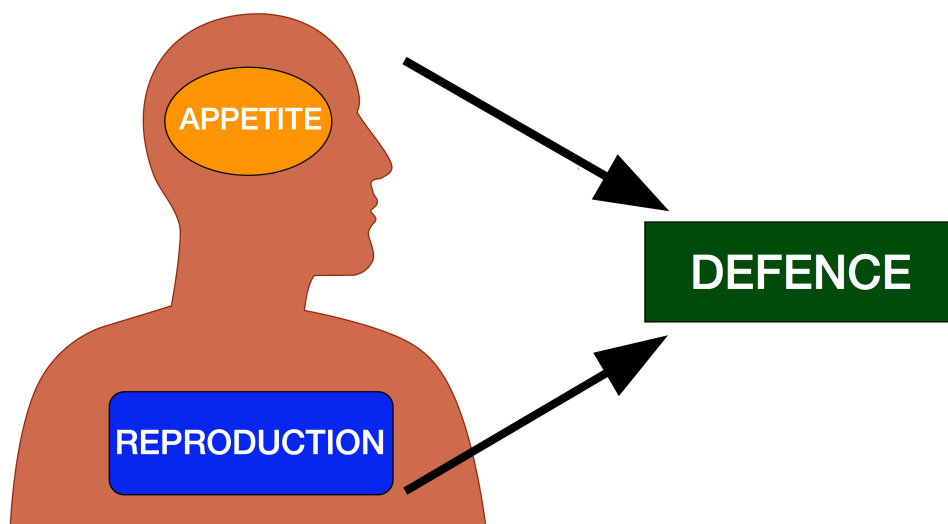
I don't care; I'm going to swat him anyway. The emotions have all our desires and feelings in it, whereas the mind has all the intellect and thinking contained in it.

## **Will**

The will is the part that we think is the greatest part of all. It is supposed to be, but somehow it doesn't always have the power that it should have. That is our ability to choose, or what they call volition.

All these are psychological qualities which you also find in the animals.

## **Functions of the Spirit**



## **Example: The Spirit of Man**

Then we come to the spirit of man. This is the one part that man has that animals don't have. This is the part that came directly from God and is the part of us that is made in the very nature of God.

### **Intuition**

There is a part that we call intuition. It is commonly believed that women have more of this. I don't know why this is. Have you ever heard of man's intuition? I always hear about women's intuition.

What is so special about women that they have intuition and men don't? I can give you the answer to that another time.

Intuition is an inner knowing or revelation. It is an inner consciousness where you just know something. It is the faculty by which we get revelation.

### **Communion**

The next function is what I have called communion. Communion is the ability to detect and communicate with other spiritual creatures.

The main function of it of course was to communicate with God who is the ultimate spirit. However, because of the communion function, man also has the ability to touch the spirit of another human being.

When we come together and start sharing, we get that deep inner feeling and experience that we call fellowship. It goes at a deeper level sometimes than the social level. There is an inner touching of one another's spirit.

If you develop it pretty well, you will eventually develop a form of discerning where you will actually sometimes be able to detect what is going on in another person.

Of course there is a problem that goes with it. If you are mixing with the wrong kind of people, the chances are what is coming from their communion is going to bombard yours and contaminate you.

### **Wisdom**

The last function is one that I have called wisdom. The world likes to call this premonition. Wisdom is an ability to somehow predict and anticipate what is going to happen.

It always has a future orientation, and you have what people call a 'gut feeling'. The Americans call it a hunch. It is a deep, inner feeling that you should go in a certain direction, or that you should do this or that.

All of these three things function together in our spirits to cause us to be what God has called us to be; the highest creation of mankind.

Which of these three would you say we could do without? I mean surely one of these has to be the only real one we need? The other ones are not quite that important are they?

## **Functioning As One**

**Slide: The Need for Wholeness (No Slide Needed)**

Tell me, who can we do without - Jesus, the Holy Spirit or the Father? Could we just knock one of them out and still be okay? Could we just put Jesus aside and say,

“Well at least we have the Father and the Spirit.”

Could we knock the Spirit out and say,

“We have the Father and we have Jesus.”

God is a three in one, and when we touch the Father we cannot avoid touching the Son and the Spirit. You cannot possibly experience the Spirit of God, without somehow coming into contact with Jesus and the Father, because they are all together.

In fact when Jesus spoke about the Spirit coming, He said,

“The Father and I are coming down as well to live inside of you.”

You see although there is that distinction in God, He is complete and one. He made us to be the same; to be complete.

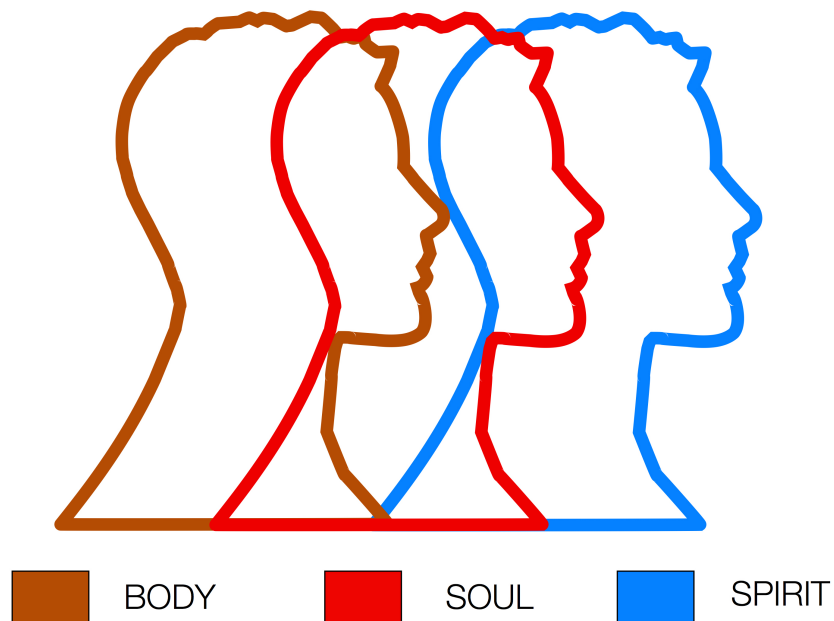
You might say, “I can live without my body. I just take one look in the mirror and say, I wish I could dump this.”

Let’s face it, sometimes we complain to the Lord about the kind of body He gave us. Let me tell you something though. If you didn’t have your body, you wouldn’t be allowed to stay in this world.

It is your body that actually gives you the right to be here. It is your body that gives you the authority to do anything in this world. So don’t ever put your body down. Thank the Lord for it, as ugly as what it may be. It is very important.

## **All Three Parts Working Together**

## Example: Embracing All Parts

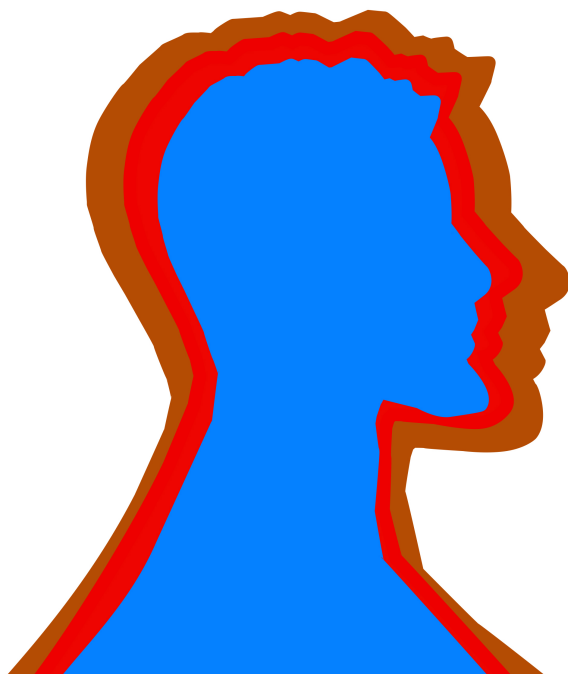


God wants us to embrace all three parts of our being together, but there is a tendency to say,

"I would just like to put off that part of me and concentrate on the other part."

The intellectual people think the soul is the most important. They concentrate on their education and their minds. Some people just want to live on emotions, but it is an imbalanced way of living.

## Example: Three in One



God wants us to be whole. He wants all of those three to come together as one.

I have tended in the past to illustrate spirit, soul and body as three circles. The idea is that inside my body I have a soul living, and inside the soul the spirit is living. We kind of think of it as three containers don't we?

Have you ever heard a story of someone who saw a person die and saw their spirit come out of their body? I have heard of cases like that, and every case that I heard of was that their spirit looked exactly like their body.

So guess what your spirit looks like? I'm sorry, but if you think your body is ugly, your spirit looks the same and so does your soul. When they come together, they come together in total overlap, not necessarily with one inside the other.

In other words, if I touch your body, I am touching your soul and your spirit as well. You are one whole, complete person. The way God made us, is that quite obviously the spirit which is closer to Him and more like His nature, is the part that should control us.

The soul should be listening to the spirit, and the body should be falling in line with what the spirit and the soul are saying. Can you see that?

## **Spirit, Soul and Body in More Detail**

I want to look quickly at the three areas of spirit, soul and body, and show you how important each of these parts of our being are.

### **The Spirit**

The spirit helps us through intuition to know at all times what we are supposed to do. It helps us to interact with other people through the function of communion, and it helps us to plan our actions through wisdom. The question is how do we release what is in our spirits?

The spirit is subject to the soul and the body because it cannot function outside of it. So if we are going to release outside of our spirits, tap into the power that is there and use the functions, how do they become manifested on the outside?

### **Released Through Speech**

Let's go back to the creation. In the beginning was God and God decided to make a creation. What was the first thing He did? He spoke.

*And God said...*

As He spoke, spiritual power went forth and caused the creation to take place. So how does the power in your spirit get released? Remember that this part of you was made in the image of God and it has the same nature as God.

So if I were to say, "Jug, turn into a cup," would it obey? It would be great if it did wouldn't it? But God has given us limited power in our spirits. He hasn't given us the same power that He has, but within this earth He has given us a power to create.

He has given us the authority and the ability to speak words that come from our spirits. Those words will release a power firstly into our souls and into our bodies, then into the earth.

Animals don't have that power because animals can't speak. Can you see why words and spirit are so closely linked together?

So how can we touch God's Spirit without actually interacting with the Holy Spirit? Listen to His words. Where do we get His words from? If you have a bible you have 66 books of them.

When God spoke those words, He breathed them out into human channels. They spoke them out and put them into writing. Those are the words of God, and they contain the Spirit of God because they came from His Spirit. It is the same with us, in that the words that we speak contain our spirits.

### **Words Release Power**

I have the ability to release a power with my words. I can release a power for good or a power for evil. I can speak words that will build you up, and I can speak words that will break you down.

Do you know this old saying? It says,

*Sticks and stones will break my bones, but words will never harm me.*

Whoever believed that nonsense? Words are more dangerous than sticks and stones.

Words are deadly because they contain spiritual power. Be careful whose words you receive, because as you receive those words, they come into your spirit and contaminate it.

Not all words are bad. I hope that the words you are reading here will do you good, because they are coming out under the anointing of the Spirit of God.

You must be discerning about whose words you receive. You should be discerning about whose words you read, because they contain the spirit of the person who wrote them.

## **The Soul**

We can use the forces of the spirit as I just shared, but there is also a power in the soul.

## **Power of the Mind**

The mind has a power. It has a force and ability which can be so useful if you develop it right.

The mind is made to be like a sponge that will absorb knowledge all of its life. The more knowledge you put into your mind, the greater capacity your soul has to function with your spirit and your body, to make you into a very efficient human being.

Let me ask you a simple question. What new thing did you learn today that you didn't know before, apart from what you will learn from this seminar?

What new thing did you learn yesterday or the day before? When was the last time you learned something new?

You should be training your mind with knowledge, and the greatest knowledge is the knowledge of God. If you can fill your mind with enough of that knowledge, you have a potential power that you can add to the power in your spirit, to make it accomplish far more.

## **Your Feelings**

How about your feelings, your desires and emotions? Can you develop them, and do they have a power that can help you to live a successful life like God intended?

Have you ever heard the term core desire? If you have been around me you should have heard it by now.

What is a core desire? A core desire a passion that drives you. Maybe it is an ambition or a goal that drives you. You can't think of anything else. You are so excited about this and want it so badly that it is all you can think about or talk about.

If you don't have such a desire and such a power in your emotions, you are losing out on the power that is available to you through your soul and the emotional function in it.

## **Your Will**

How about your will? How strong is it? You might say to me,

"I have good, strong willpower."

I think that is actually what they call an oxymoron, because your will is actually the weakest part of you. The reason for this is because your will does exactly what your emotions tell it to do. You might say to your wife,

"We should save money."

She might say, "But just look at that beautiful dress."

"But we should save money."

"Shut up."

Am I right? Our emotions get the better of us, but we can create habits; things that we do that become a structure in us and that we over and over again through repetition.

You can work on your will to develop good habits in it. It will then become something useful in the whole economy of your life.

## **The Body**

Now we come to the body. How do you get your body parts and those functions of the body to be of some use?

### **Nourishment**

How do you use the nourishment part of your body as a benefit? I think that is pretty straight forward. You can do it with a good, focused diet and the right kind of exercise, instead of just eating because you like the taste of the food.

If you could control your appetite for food, you could harness that power and add it to the power of your spirit and your soul.

### **Sexual Desire**

How about the sexual desire? You might think,

"I don't want to harness that one. I want to let that one loose."

Even in the world they have a term known as transmutation of sexual desire. Did you know that behind every great man is a woman? Sexual desire can have a power to drive you in the right direction if you will use it correctly.

### **Defense**

The final function is defence or preserving yourself. You need to be able to develop it correctly, instead of using it selfishly as you will see shortly.

If we could harness all these forces of spirit, soul and body together and become a complete, whole person, can you imagine what we could accomplish?